



Keeping In Touch

Tea Tree Gully Kingfishers October 2024

Dates for Diary

- Fri 11th October – Last Fri night Training @The Arc (Dinner restaurant TBC) Saturday's continue all year round
- Mon 14th Oct – 1st Night training @Waterworld (see email to update your card prior to 1st swim)
- Sat/Sun 26th/27th Oct – Mildura Murray Masters Carnival (Entries due 18th Oct. Several members booked to stay at the Apex Caravan Park)
- Sun 10th Nov – Next Short Course Comp @Marion (Entries due 25th Oct)
- Sun Nov 24th – Endurance Morning & BBQ Breakkie 9:30–11:30am
- Sat 14th Dec – Christmas Party.

Welcome!

Welcome to all Members and congratulations to those who took part in the Interclubs through those cold and wet months. We hope that those Members who've been away have enjoyed or are still having a great time. Mark and Sharon Coombs have had a fantastic time in New Zealand. Sid and Judit Vasensky have been all over Europe ,from London to Hungary plus some other amazing places in between. Brian Robinson has gone back to his home country to spend some quality time with his brother. Bernie and Steve are travelling all over the UK doing some touristy stuff/hiking and no doubt looking out for a Vietnamese restaurant. Good luck with that , and with the diverse British weather over there.



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What's Been Happening

In July we had a social event which was so much fun. 11 of us participated in a Brunch pedal bar tour in the City. It required a lot of pedalling, some alcohol or soft drink if that's what you wanted, and stopping off for some Brunch of course. Enjoyment was had by all.

We had another social event planned (picnic at Wynn Vale Dam), but the weather was not kind to us that day.

A handful of us went over to the new Salisbury pool for a training session one morning, but for one reason or another we felt that it would be a no go for our Club.

As far as Pool Swims are concerned we have now got through to Interclub 4, and at the end of the Series TTG finished up with 1260 points and in 6th position.

The profit made from the last Bunnings BBQ held on Aug 18th was \$1140, which is fantastic and helps towards paying for our lane space. There won't be anymore Bunnings BBQ'S happening this year.

However we are running the end of the year BBQ'S school excursions which will be held on weeks 9/10 Term 4.

John Gamlen will be putting out info nearer the time if you're able to assist with that.





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Merchandise

The Merchandise that was ordered through Bernie and (hopefully) has been received by all Members who ordered.

Discounted (half price) swimwear available in limited

sizes:

Ladies

-S18 sport back

-S12, 14, 26 knee-length

Men

-S18 briefs

-S18 Jammers

Please see any Board Member if you wish to purchase anything.

Christmas @ TTG Kingfishers

Our Club Christmas party is going to be held this year at Len and Eithne's home 7, Irene Ave, Hope Valley on Saturday 14th December.

Watch this space for more details.



Endurance 1000

And yet another month has gone by with a steady rise in points thanks to you members who have contributed each month. It would be nice to see more participation from the men folk, but that might come when Waterworld opens around

October.

Keep up the good work!
Eric



Endurance 1000	Number Points	Number Participants
Total Points	3772	24/46 club members
Female Points	2574	16 females
Male points	1198	8 males

Passing of Pam Flowers

It is with deep sadness that we announce the recent passing of Pam Flowers, wife of John Flowers. Her recent funeral was a beautiful tribute to her life. Sending him lots of love & prayers during this time.



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Coach's Corner

The theme for July's training sessions has been mixing long aerobic and faster race-pace short distance intervals. This gives the opportunity for those training for Interclubs to work the race-pace portions hard and get the heart rate up. This in turn makes the aerobic seemed harder than it should be and so helps condition swimmers for the last portion of a race when fatigue sets in. It also gives those looking to have a easier session for scale their effort to suit sometimes the effort is in turning up, getting in and turning the arms over to start the week! It was also great to see some good swims at IC3 especially the 50 m free race between Angela and Helen, a very close finish! And congratulations to Mark for his state record in the 400 breast. A fantastic reward for all his hard work in training.

Regards Mark.



Peter Holley is currently coaching on Wednesday night training sessions at the Arc until Waterworld training sessions begin. He is then on holiday from 4-18th October. The Board will then discuss if we would like Pete to continue to Coach at Waterworld on Wednesday training sessions. Helen has also emailed Peter Holley inviting Adelaide Masters (of whom he is a Member) to train with us until November. I believe they will be able to train at Burnside by then. Helen Barsch from Adelaide Masters has now trained with us a couple of times and enjoyed her sessions, so please make her feel welcome.

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Royal Waves!

Steve & Bernie were fortunate enough to be at Balmoral Castle when the Royals were staying there. They passed them by and gave them a wave!



From Poolside to Paradise

What a beautiful country – Great scenery, great food and great people. Myself, my wife Sharon and eldest daughter Lauren spent 4 weeks exploring the North and South Islands of New Zealand. There were so many highlights so I will pick some from each Island to keep it short. 😊
On the North Island, On Day 3 having picked up our hire car, we hit the road up to the Bay of Islands at the top of the North Island where we took a sea cruise out to see the Hole in the Rock and then explored the Waitangi Treaty Grounds where British signed the treaty with the Māori Chiefs to form New Zealand. Later that week we headed back south, having visited the Waitomo Caves (Glow worms) and the Hobbiton Movie set from Lord of the Rings, we got to spend a couple of days in Rotorua.

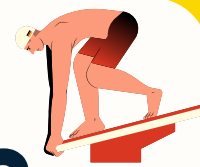
The thermal pools were amazing and made you feel 10 years younger! We also got to experience more of the Māori culture at the Whakarewarewa Thermal Village and the Tamaki Heritage Experiences Māori concert and enjoyed eating a Hungi. On Day 10 we drove to Wellington which was our last stop in the North Island. A while there we did a tour of the Wētā Workshop. Wētā Workshop is a gateway to filmmaking creativity. Through the guided tours, we learnt about the making of movie effects, from armour to weapons, creatures to costumes, make-up to miniatures, and more! On to the South Island.....

The next highlight I would like to share was on Day 24 in Mount Cook. We woke up to a winter wonderland. Being an Aussie we were very excited to see snow. Cleaning the hire car was fun too!

Well I said I would keep it short so I will stop here. We had a fantastic time, and I am happy to share more with those who would like to hear and see more pictures. For those of you who have been to New Zealand you know how good it is. For those yet to get there – trust me put it on your to do list you won't regret it. 😊 Mark Coombs



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MSSA Swim Meet Support

The Branch are still looking for MSSA officials willing to assist with the smooth running of swimming meet



Member News

As of 8/09/2024 we have 46 Members and 6 social Members. Pete Camp- Smith having recovered from injury re-joined. Good on you Pete!

Plenty of cans of soft drinks are on offer at the fantastic price \$20 for 24 cans. See John Gamlen.

That's all for now folks. Maddi & Caitlin

Swimmer of the Year

Did you know that there is a criteria for this award, and it's not given out by a voting system. John Gamlen collates/documents all Club/State records for the year, to include Open water swims and pool swims including relays. Points are scored for attending these events. He then adds up all the points for each Member. He says that it is a very close race at this stage!

Congratulations to all Members that achieved State records this year.

